



December 2016 Issue

Steilacoom Community Center's

Center of The Universe

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WINTER CAMP BY CLUB AM & CLUB PM

TWO WEEKS AT THE COMMUNITY CENTER, WE WILL TAKE THE FIRST 25 REGISTRANTS. MON – FRI, 6AM – 6PM. CONTACT MARIANNE MANNING DIRECTLY @ 983-2052.

JUNIOR EXPLORERS

Monday thru Thursday
9:30 am – 1:30 pm
A waitlist is available at the CC front desk only.
Contact Melody Davis at 983-2056 if you have questions about the program.



All payments are due on the first of the month. Avoid the 10% late fee assessed after the 10th of the month unless it is a new registration.

Red Ribbon

Bazaar @
Steilacoom High School
Saturday,
December 3rd
9am-4pm

Rental information

Looking for a place to get together? Whether you have a small group or a large one, the Community Center, Steilacoom's Parks, and the Town Hall are all great places to hold parties, weddings, meetings, reunions, and other gatherings. For information on renting one of the Town's facilities, contact Pauline at the Community Center during the Center's normal business hours at (253) 983-2599

Annual TREE LIGHTING Santa will arrive at Town Hall on Friday, December 2 at approximately 6:30 PM for the Annual Tree Lighting. Pictures with Santa and refreshments **will be** available along with performances by the local **school children**.



The All Corners Play & Sing Along at Town Hall will be on Sunday, December 11th from 5 – 9 PM. Sheet music will be provided.

Elves & Bells Around Town will be on Friday, December 16th from 5 – 9 PM. Maps of Santa's route will be in the December 'Around Town' and on our slot wall here at the Center. **DIFFERENT THIS YEAR:** Santa will make his way through town to the only stop of the evening. Come join Santa, Mrs. Claus, Frosty the Snowman, the Elves and Reindeer at Saltar's Point Elementary, 908 3rd Street. Along with having your picture taken with Santa, there'll be presents for the young ones, candy canes for all!

DECEMBER GUEST ARTIST: QUILTS, QUILTS & MORE QUILTS! Stop by and see the art! An expression of love and warmth in the Center fireplace room, one connects with the PNW through the vision of local quilters in the Town's "Guest Artist Series." In January/February, member of Pacific Gallery Artists and a Steilacoom resident, Denise MacDonald, will display her art in our foyer from January 2 through the end of February.

The Center looks fantastic! Come in from the cold and feel the warmth of the holiday with all the décor at the Community Center and Town Hall that our own Heidi Shaw orchestrates ... We love it! Special thanks to Heidi and Elves

Bless Our Volunteers, Every One! Angels take on all shapes and sizes. Here are a few of them: Heidi Shaw, Nancy Brodigan, Hildegard Carter, Sharon Cornett, Fayanna Evans, Marilyn Gamache, John Garrett, Sue Jensen, Annie Lane, Lois Linn, John Pagel, Luanne Davis (RN), Sherry Hullin

FLOWERS for STEILACOOM – Many years ago, the surrounding prairies were covered with the Steilacoom Flower (lithopharagma). Let's regenerate this flower as a Town and get up to 25 starts with planting/care instructions on **Sat. Dec. 3rd, 8-11 AM at the Bair Store**. The flowers are free!

RRB @ SHS – Pick up your flower starters and then head over to the high school to the 19th annual Red Ribbon Bazaar

Steilacoom Community Center Staff

STEILACOOM COMMUNITY CENTER
2301 Worthington
Steilacoom, WA 98388
253-581-1076

HOURS

Monday- Thursday 8AM-8:30PM
Friday 8AM-5PM

FACILITIES

Pauline Monk

CLUB AM & CLUB PM

Marianne Manning

JUNIOR EXPLORERS

Melody Davis

ADULT PROGRAMS

Tati Stowers

HUMAN RESOURCES

Micki Sterbick

PAYROLL

Denise Bollman



SENIOR FOOT CARE

APPOINTMENTS SET BY CALLING
581-1076; COST: \$30.00
**1ST TUESDAY OF THE MONTH,
9AM – 3PM**

BRIDGE plays twice a week. Come
and join the fun!

**Mondays, 9AM-12PM;
Thursdays at 11:30 AM – 4 PM**

BLOOD PRESSURE CHECKS

Luanne Davis, RN cares so much to
provide this wellness check for our
senior adults.

Fri, 11AM – 1PM

COLORING W/ FRIENDS

Our darling JR EXPLORER
preschoolers are marching in to color
with seniors for this short half hour
Tuesdays, 11:15 - 11:45 AM

On Tues, Dec. 13th, Jr. Explorers
will sing at the senior meal-site at
11:30 AM.

HULA FOR SENIORS

Free for seniors right after meal-site
on the stage.

Fridays, 12:30 pm.

Adult Services



LUNCH BUNCH & MORE

Steilacoom Community Center's "Lunch Bunch"
held every **TUESDAY, WEDNESDAY & FRIDAY**. Tasty
home-cooked meals are served **at noon SHARP**.
**Reservations must be made by 10 am on
Wednesdays, a week ahead of time, at 983-2059** to

make your reservation. Bring exact change & see how efficiently
meal-site volunteers make this kitchen go 'round!

Consider joining these activities on meal-site days:

- TUESDAYS – Line Dancing & Coloring w/friends
- WEDNESDAYS – Chair Exercise & BINGO
- FRIDAYS – BP checks, Chair Exercise, Free HULA for seniors &
Gourmet breads to take home

BLESS OUR MEAL-SITE VOLUNTEERS TOO! They
come, they set up or take down, they leave. Meal-site can operate
at the lowest possible cost because of their strong backs and willing
hearts. Call the front desk to be one of them ... you can spare 15-
20 minutes, 2-3 times a week, won't you?



SPECIAL CHORAL PERFORMANCE – Memory Singers will
perform on **Friday, Dec. 2nd @ 11:15 AM**. Please be seated by 11.
This will be a performance you will not want to miss!

DECEMBER VAN TRIP – FANTASY LIGHTS @ SPANAWAY PARK



- Thursday, December 1st leaving @ 6:00 PM; return @ 8:00 PM
- \$5 for the van trip due at sign up.
- Light refreshments

Christmas Feast for Seniors We will have a special meal-site
on **Wednesday, December 21st**. Sign up whether or not you are a
regular attendee by December 7th. The ukulele class is practicing
hard to serenade us with their holiday repertoire – island style.

Steilacoom Food Pantry

The Food Pantry, located at Oberlin Congregational Church (1603
Rainier Street), serves low-income individuals & families twice a month
on-site and weekly via a "back-pack" program partnered by Cherrydale
Primary School. "See a need, fill a need" is their mantra – from need-
based utility assistance to scholarship awards at SHS.

Your kind food donations & financial contributions will be accepted
during normal Steilacoom Community Center hours. Contact Paul
Loveless @ 581-1912 or Food Pantry Coordinator Sharon Cornett @
581-1076

Food distribution: 2nd & 4th Saturdays, 10:00-11:30 AM, Oberlin

DANCE FITNESS

Formerly the Zumba class, Dance Fitness will definitely get you moving! Stay posted ... we have added a class to your week!

Instructor: Amber Trigg

Tuesdays, 5:00 – 6:00 PM

Instructor: Star M.

Thursdays, 9:30 – 10:30 AM



Senior & Chair YOGA

Register at the front window for a holistic experience, NAMASTÉ!

Instructor: Rebecca Kreth

Tues 6:30 – 7:30 PM

Thurs 5:30 – 6:30 PM



TOTAL FITNESS

Combine the benefits of aerobics, step and strength training for a COMPLETE wellness workout.

Instructor: Sandi Creger

MWF, 8:15 – 9:15 AM

JACKIE SORENSON

AEROBIC DANCE

Instructor: Beverly Leslie

M & W, 4:30 – 5:30 PM

REJUVENATE!

Be consistent in your workout as you train in the Fitness Room w/ Wendy.

MWF, 4:00 – 5:00 PM

FITNESS ROOM

Our exercise room offers machines, free weights, and several pieces of equipment including 2 powered treadmills ... Schedule a safety consultation so that you can get started! 581-1076

WEIGHT WATCHERS

Strength, health and guidance – the right support from this proven program ...

Mondays 6:30 – 8:30 PM



CLASSES FOR THE MASSES!

*** FOR ADULTS ***

FREE LINE DANCING FOR SENIORS

Don't be shy, come learn the steps and get right into it! You will get lots of help ☺ Sign up at the Front Desk and complete a registration/waiver form to participate.

Instructor: *The* Charlotte Zink

TUESDAYS, 10:00 – 11:58 AM (right before Lunch Bunch)



CHAIR EXERCISE CLASS

Adding a session to Fridays in December, this is a great time to increase your physical fitness while in your seat! Sign up at the Front Desk and complete a registration/waiver form to participate.

WEDNESDAYS, 10:30 – 11:00 AM (right before BINGO)

FRIDAYS, 10:30 – 11:00 AM *NEW*

*** Polynesian Dance Class ***

In October, Kumuhula Kaimiola Swezey started sharing her aloha with our Steilacoom ohana. Come one & all to learn hula from our new Polynesian Dance Class instructor.

MONDAYS, 6:00 – 7:00 PM

*** MUSIC, PLEASE! ***

UKULELE CLASS for strummers of all ages.

See the **CLASS TIMES** listed below & sign up!

Instructor: UNKO DON (aka Donald Yoder, Ed. D)

- **MONDAYS** - Beginners: 5:00 – 6:00 PM
- **TUESDAYS** - Returning/Intermediate: 4:30 – 5:30 PM



*** REPAIR, PATCH, ALTER ***

Clothing & Textile Advisors of WA

Sewing machines and sergers available for your projects

FRIDAYS, 9:00 AM to NOON IN THE CRAFT ROOM

TRADITIONAL OKINAWA KARATE-DO

Learn the basics of this exciting and beautiful discipline! We have a World Champion coach who wants to share her expertise with you. ALL levels of experience are welcomed to this class. Come see what it is all about!

Instructor: Sensei Katsumi Davis

TUESDAYS & THURSDAYS @ 6:00 PM (ages 5-12) and

7:00-8:30 PM (ages 13+)